I'm really new to networking...like, really new.

\*And\* thanks to the career coaching that's a big part of my Springboard Data Science Career program, I know I need to learn how to do this so I can be successful in pivoting from being a teacher into being a data scientist.

So, I'm working hard to get over the hurdle of the inner critic, who says things like:

- this is the most awkward thing ever

- what do we even talk about

- it's so disingenuous to just go around trying to convince people I'm great so I can get a job

- you don't have value to add in these networking relationships

- why bother?